

Alpha-Lipoic Acid (ALA) Intravenous Therapy

Alpha-Lipoic Acid (ALA) is one of the most powerful antioxidants in the natural world. Researchers and Doctors who work with this organosulfur compound are having some phenomenal results treating some of our most resistant chronic diseases. These include diabetic peripheral neuropathy (a numbness, usually in the feet of diabetics), pancreatic and other cancers, liver disease, and auto-immune diseases.

Amazing as this may sound, the proof is in the pudding so to speak. Dr. Burton Berkson, a PhD, MD, has been studying and administering Intravenous and oral ALA for over 30 years. His patients include those with a diagnosis of diabetes, auto-immune disorders such as Rheumatoid arthritis and Lupus, those with liver failure from toxins and viruses, as well as chemo-resistant cancers. You can see his YouTube presentation by entering "Dr. Berkson complete talk LDN09". He often uses LDN or low dose naltrexone along with the **ALA for autoimmune disorders and cancer**. LDN has a positive, modulating effect on the **immune system** and research data shows that it will decrease autoimmune markers and significantly improve symptoms in these debilitating diseases.



Alpha-Lipoic acid is a natural substance our bodies manufacture, however, with age we make less of it. When prescribed in the correct form and dose, ALA has virtually no side effects. Its effects on the body are wide ranging since it works at the cellular level as both a water and fat soluble antioxidant, an energy inducer (by increasing the production of ATP our body's energy source), a recycler of other antioxidants, a toxin and heavy metal detoxifier, as well as a stimulator of **healthy**

organ regeneration and healthy gene expression. What does this all mean to patients? Clinical experience and research reveals that ALA is amongst the most **powerful anti-aging nutrients** available and has the ability to reverse some serious illnesses. I believe it can help heal many advanced conditions from cancer to neuropathies and serious liver diseases.

I am always grateful for people like Dr. Berkson who devote their lives to helping some of the sickest patients. These new treatments offer hope where there was little before. As always, Naturopathic Doctors follow holistic principles and treat each individual with a tailored protocol designed for each person's unique needs. Having great researchers and clinicians to draw data from helps us immensely in our goal to improve your health.

Reference: <http://drberkson.com/journal.html>

Call our office to start your own personal journey to optimal health.